

**Stage 1 - 75 meters**

short range, dense cover

Time Limit: 20 seconds

Stance: Begin standing, stay standing

Shot Pattern: 4 shots at 1 target

Fire Order: 2 shots, reload, 2 shots

**C.H.C.O.F**

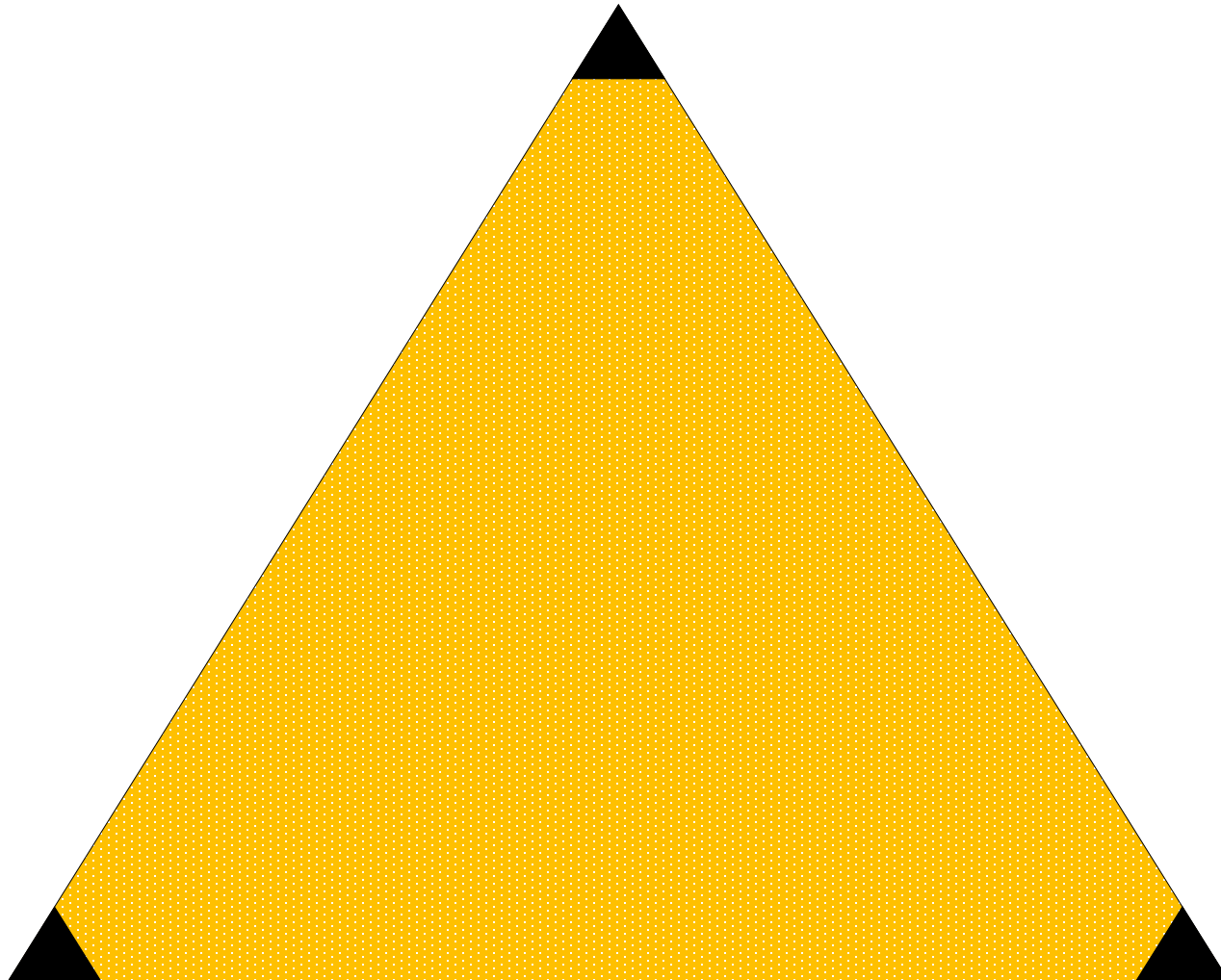
*Group Spotter*

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**POST AT 25 METERS --- POST AT 25 METERS --- POST AT 25 METERS --- POST AT 25 METERS**

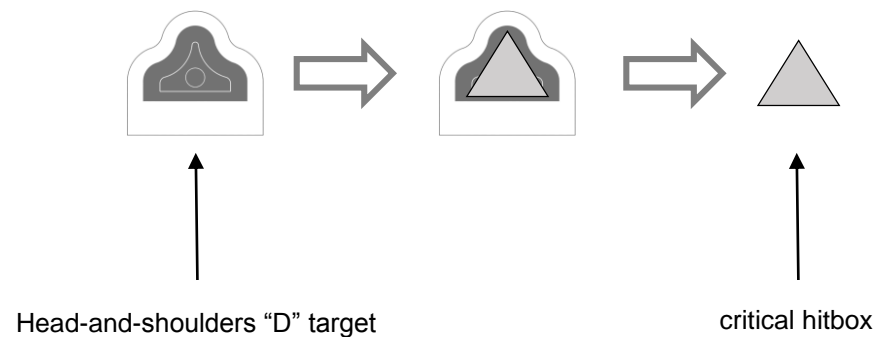
## Can you make the shot?

On the reverse page you will find the first stage of the Critical Hitbox Course of Fire (CHCOF), a challenging shooting drill that provides practical feedback on your real-world shooting competency at 75, 150, and 300 yards. Based on the proven '1,000 inch range' concept, this target sheet allows the shooter to hone their fundamentals without needing a range longer than 25 meters.

Test your skill by attempting to complete all three stages of the CHCOF. No bipods or shooting rests are permitted; just you and your rifle. A semi-automatic rifle feeding from detachable magazines is recommended, and any optic or sight is permitted. Each attempt at the CHCOF requires a only a single 20-round box of ammunition, and success requires landing 18 hits out of 20 shots fired; a 90% hit probability. The rules are simple: if your shot lands inside the triangle, you hit the target. If your shot lands outside (or partially outside) the triangle, you missed the target.

**You can also use the CHCOF targets for everyday plinking at the range.** Aim at the center of the triangle for a large target area, or aim at each corner to get three more pinpoint targets from the same sheet.

Print the CHCOF for yourself and find reviews, knowledge, and more at [www.guntweaks.com](http://www.guntweaks.com).



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***When attempting the CHCOF, a rifle sling is the only permissible shooting aid. No bipods or shooting rests are allowed.***

**Stage 2 - 150 meters**

medium range, dense cover

Time Limit: 45 seconds

Stance: Begin standing, transition to sitting

Shot Pattern: 4 shots at each target (8 shots total)

Fire Order: 3 shots, reload, 5 shots

**C.H.C.O.F**

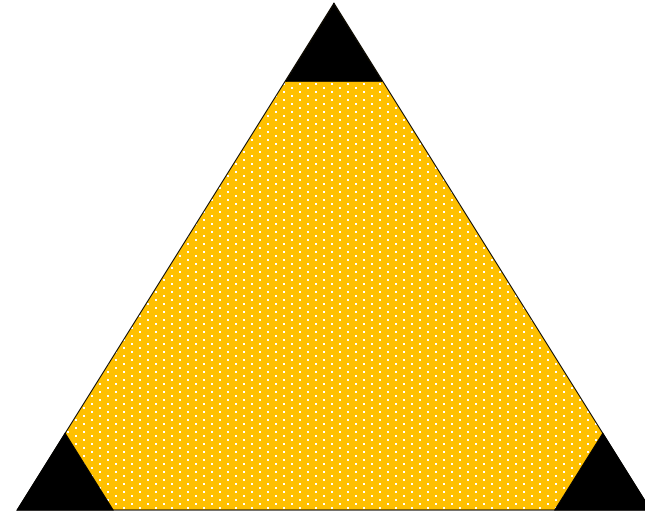
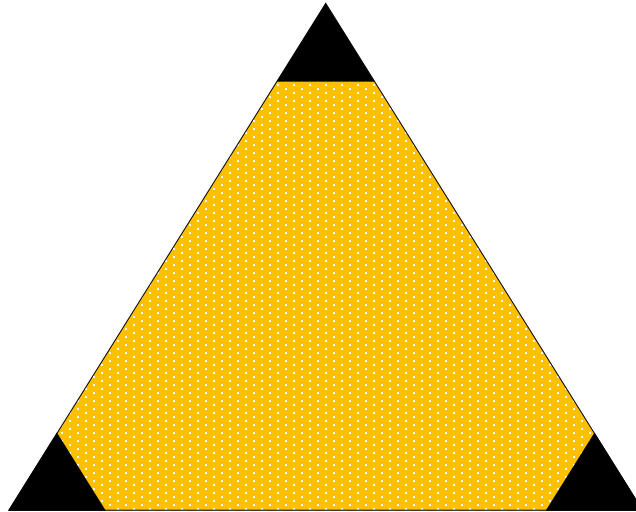
Group Spotter

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**Stage 3 - 300 meters**

long range, sparse cover

Time Limit: 3 minutes

Stance: Begin standing, transition to prone

Shot Pattern: 4 shots at each target (8 shots total)

Fire Order: 3 shots, reload, 5 shots

**Scoring**

≥ 18 hits to pass

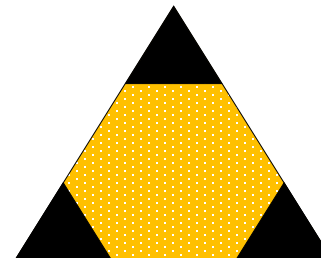
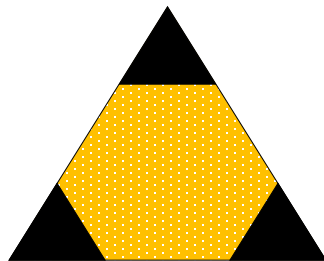
\_\_\_ hits / 20 shots

Passed. \_\_\_

Did not pass. \_\_\_

**Witness Signature**

\_\_\_\_\_



**POST AT 25 METERS --- POST AT 25 METERS --- POST AT 25 METERS --- POST AT 25 METERS**

